




March 2010

Important Phone Numbers
 Clubhouse Administration992-4900
 Restaurant Reservations992-1073
 Golf Pro Shop947-6467
 Activity Center992-5393
 Security992-7691

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Lunch 11:00-3:00pm <hr/> Mahjong 1:00pm <hr/> Tone n' Strengthen 7:00am & 8:00am Strictly Stretching 7:30am & 8:30am Water Aerobics 9:15am & 2:00pm Beginners Tone n' Strengthen 4:30pm Zumba 5:30pm <hr/> Social Committee Meeting Activity Center 4:00pm	2 Lunch 11:00-3:00pm Dinner 5:00-7:30pm <hr/> Ladies Day Golf Couples Bridge <hr/> Get Pumped 8:00am Zumba 9:00am Water Aerobics 10:00am 	3 Lunch 11:00-3:00pm <hr/> Men's Day Golf Ladies Bridge <hr/> Tone n' Strengthen 8:00am & 2:00pm Strictly Stretching 8:30am & 2:30pm Water Aerobics 9:15am & 3:15pm Mat Workout 4:30pm Zumba 5:30pm Dance Class 7:00pm 	4 Lunch 11:00-3:00pm <hr/> Men's Member/Guest Practice Round with Stag Dinner <hr/> Ladies Day Golf Game Day NO PUB NIGHT <hr/> Mat Workout 9:00am Water Aerobics 10:00am 	5 Lunch 11:00-3:00pm <hr/> Men's Member/Guest Round 1 with Cookout <hr/> Ladies Fashion Show And Luncheon 11:30am <hr/> Movie Night 7:00pm <hr/> Tone n' Strengthen 7:00am & 8:00am Strictly Stretching 7:30am & 8:30am Water Aerobics 9:15am	6 Lunch 11:00-3:00pm <hr/> Men's Member/Guest Round 2 Pool Party w/Jazz Trio <hr/> NO REGULAR DINNER 
	7 Lunch 11:00-3:00pm <hr/> Men's Member/Guest Final with Brunch 	8 Lunch 11:00-3:00pm <hr/> Mahjong 1:00pm <hr/> Tone n' Strengthen 7:00am & 8:00am Strictly Stretching 7:30am & 8:30am Water Aerobics 9:15am & 2:00pm Beginners Tone n' Strengthen 4:30pm Zumba 5:30pm	9 Lunch 11:00-3:00pm Dinner 5:00-7:30pm <hr/> Ladies Day Golf Couples Bridge <hr/> Get Pumped 8:00am Zumba 9:00am Water Aerobics 10:00am 	10 Lunch 11:00-3:00pm <hr/> Men's Day Golf Ladies Bridge <hr/> Tone n' Strengthen 8:00am & 2:00pm Strictly Stretching 8:30am & 2:30pm Water Aerobics 9:15am & 3:15pm Mat Workout 4:30pm Zumba 5:30pm Dance Class 7:00pm	11 Lunch 11:00-3:00pm <hr/> Ladies Day Golf Game Day Pub Night <hr/> Name That Tune w/Dave & Sydele 6:30pm Dining Room <hr/> Mat Workout 9:00am Water Aerobics 10:00am	12 Lunch 11:00-3:00pm 9 & Dine <hr/> Movie Night 7:00pm <hr/> Tone n' Strengthen 7:00am & 8:00am Strictly Stretching 7:30am & 8:30am Water Aerobics 9:15am

14
Lunch 11:00-3:00pm



15
Lunch 11:00-3:00pm

Mahjong 1:00pm

Tone n' Strengthen
7:00am & 8:00am
Strictly Stretching
7:30am & 8:30am
Water Aerobics
9:15am & 2:00pm
Beginners
Tone n' Strengthen
4:30pm
Zumba 5:30pm

16
Lunch 11:00-3:00pm



Ladies Day Golf
Couples Bridge

Get Pumped
8:00am
Zumba
9:00am
Water Aerobics
10:00am

17
Lunch 11:00-3:00pm

Men's Day Golf
Ladies Bridge

Tone n' Strengthen
8:00am & 2:00pm
Strictly Stretching
8:30am & 2:30pm
Water Aerobics
9:15am & 3:15pm
Mat Workout
4:30pm
Zumba 5:30pm
Dance Class 7:00pm

18
Lunch 11:00-3:00pm

*Ladies Member/Guest
With Luncheon*

Game Day
Pub Night

Mat Workout
9:00am
Water Aerobics
10:00am



19
Lunch 11:00-3:00pm

Movie Night
7:00pm

Tone n' Strengthen
7:00am & 8:00am
Strictly Stretching
7:30am & 8:30am
Water Aerobics
9:15am



20
Lunch 11:00-3:00pm
Dinner 5:00-7:30pm

Men's Day Golf



21
Lunch 11:00-3:00pm



6:45 pm
Activity Center

22
Lunch 11:00-3:00pm

Mahjong 1:00pm

Tone n' Strengthen
7:00am & 8:00am
Strictly Stretching
7:30am & 8:30am
Water Aerobics
9:15am & 2:00pm
Beginners
Tone n' Strengthen
4:30pm
Zumba 5:30pm

23
Lunch 11:00-3:00pm
Dinner 5:00-7:30pm

Ladies Day Golf
Couples Bridge



Get Pumped
8:00am
Zumba
9:00am
Water Aerobics
10:00am

24
Lunch 11:00-3:00pm

Men's Scramble
Ladies Bridge

Tone n' Strengthen
8:00am & 2:00pm
Strictly Stretching
8:30am & 2:30pm
Water Aerobics
9:15 & 3:15pm
Mat Workout
4:30pm
Zumba Class 5:30pm
Dance Class 7:00pm

25
Lunch 11:00-3:00pm

Ladies Scramble
Game Day
Pub Night

Mat Workout
9:00am
Water Aerobics
10:00am



26
Lunch 11:00-3:00pm

Movie Night
7:00pm

Tone n' Strengthen
7:00am & 8:00am
Strictly Stretching
7:30am & 8:30am
Water Aerobics
9:15am



27
Lunch 11:00-3:00pm

Men's Day Golf



*Dinner and a Show
With Magician
Gary Goodman*

*Club
Championship*

28
Lunch 11:00-3:00pm

*Club
Championship*



29
Lunch 11:00-3:00pm

Mahjong 1:00pm

Tone n' Strengthen
7:00am & 8:00am
Strictly Stretching
7:30am & 8:30am
Water Aerobics
9:15am & 2:00pm
Beginners
Tone n' Strengthen
4:30pm
Zumba 5:30pm



30
Lunch 11:00-3:00pm
Dinner 5:00-7:30pm

Ladies Day Golf
Couples Bridge

Get Pumped
8:00am
Zumba
9:00am
Water Aerobics
10:00am

31
Lunch 11:00-3:00pm

Men's Day Golf
Ladies Bridge

Tone n' Strengthen
8:00am & 2:00pm
Strictly Stretching
8:30am & 2:30pm
Water Aerobics
9:15 & 3:15pm
Mat Workout
4:30pm
Zumba Class 5:30pm
Dance Class 7:00pm

**There are good ships, and there are wood ships, the ships
that sail the sea. But the best ships are friendships,
and may they always be.**

