




# March 2010

**Important Phone Numbers**  
 Clubhouse Administration .....992-4900  
 Restaurant Reservations .....992-1073  
 Golf Pro Shop .....947-6467  
 Activity Center .....992-5393  
 Security .....992-7691

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Lunch 11:00-3:00pm <hr/> Mahjong 1:00pm <hr/> Tone n' Strengthen 7:00am & 8:00am Strictly Stretching 7:30am & 8:30am Water Aerobics 9:15am & 2:00pm Beginners Tone n' Strengthen 4:30pm Zumba 5:30pm <hr/> Social Committee Meeting Activity Center 4:00pm	<b>2</b> Lunch 11:00-3:00pm <b>Dinner 5:00-7:30pm</b> <hr/> Ladies Day Golf Couples Bridge <hr/> Get Pumped 8:00am Zumba 9:00am Water Aerobics 10:00am 	<b>3</b> Lunch 11:00-3:00pm <hr/> Men's Day Golf Ladies Bridge <hr/> Tone n' Strengthen 8:00am & 2:00pm Strictly Stretching 8:30am & 2:30pm Water Aerobics 9:15am & 3:15pm Mat Workout 4:30pm Zumba 5:30pm Dance Class 7:00pm 	<b>4</b> Lunch 11:00-3:00pm <hr/> Men's Member/Guest Practice Round with Stag Dinner <hr/> Ladies Day Golf Game Day <b>NO PUB NIGHT</b> <hr/> Mat Workout 9:00am Water Aerobics 10:00am 	<b>5</b> Lunch 11:00-3:00pm <hr/> Men's Member/Guest Round 1 with Cookout <hr/> Ladies Fashion Show And Luncheon 11:30am <hr/> Movie Night 7:00pm <hr/> Tone n' Strengthen 7:00am & 8:00am Strictly Stretching 7:30am & 8:30am Water Aerobics 9:15am	<b>6</b> Lunch 11:00-3:00pm <hr/> Men's Member/Guest Round 2 Pool Party w/Jazz Trio <hr/> NO REGULAR DINNER 
	<b>7</b> Lunch 11:00-3:00pm <hr/> Men's Member/Guest Final with Brunch 	<b>8</b> Lunch 11:00-3:00pm <hr/> Mahjong 1:00pm <hr/> Tone n' Strengthen 7:00am & 8:00am Strictly Stretching 7:30am & 8:30am Water Aerobics 9:15am & 2:00pm Beginners Tone n' Strengthen 4:30pm Zumba 5:30pm	<b>9</b> Lunch 11:00-3:00pm <b>Dinner 5:00-7:30pm</b> <hr/> Ladies Day Golf Couples Bridge <hr/> Get Pumped 8:00am Zumba 9:00am Water Aerobics 10:00am 	<b>10</b> Lunch 11:00-3:00pm <hr/> Men's Day Golf Ladies Bridge <hr/> Tone n' Strengthen 8:00am & 2:00pm Strictly Stretching 8:30am & 2:30pm Water Aerobics 9:15am & 3:15pm Mat Workout 4:30pm Zumba 5:30pm Dance Class 7:00pm	<b>11</b> Lunch 11:00-3:00pm <hr/> Ladies Day Golf Game Day Pub Night <hr/> Name That Tune w/Dave & Sydell 6:30pm Dining Room <hr/> Mat Workout 9:00am Water Aerobics 10:00am	<b>12</b> Lunch 11:00-3:00pm <b>9 &amp; Dine</b> <hr/> Movie Night 7:00pm <hr/> Tone n' Strengthen 7:00am & 8:00am Strictly Stretching 7:30am & 8:30am Water Aerobics 9:15am

14  
Lunch 11:00-3:00pm



15  
Lunch 11:00-3:00pm

Mahjong 1:00pm

Tone n' Strengthen  
7:00am & 8:00am  
Strictly Stretching  
7:30am & 8:30am  
Water Aerobics  
9:15am & 2:00pm  
Beginners  
Tone n' Strengthen  
4:30pm  
Zumba 5:30pm

16  
Lunch 11:00-3:00pm



Ladies Day Golf  
Couples Bridge

Get Pumped  
8:00am  
Zumba  
9:00am  
Water Aerobics  
10:00am

17  
Lunch 11:00-3:00pm

Men's Day Golf  
Ladies Bridge

Tone n' Strengthen  
8:00am & 2:00pm  
Strictly Stretching  
8:30am & 2:30pm  
Water Aerobics  
9:15am & 3:15pm  
Mat Workout  
4:30pm  
Zumba 5:30pm  
Dance Class 7:00pm

18  
Lunch 11:00-3:00pm

*Ladies Member/Guest  
With Luncheon*

Game Day  
Pub Night

Mat Workout  
9:00am  
Water Aerobics  
10:00am



19  
Lunch 11:00-3:00pm

Movie Night  
7:00pm

Tone n' Strengthen  
7:00am & 8:00am  
Strictly Stretching  
7:30am & 8:30am  
Water Aerobics  
9:15am



20  
Lunch 11:00-3:00pm  
*Dinner 5:00-7:30pm*

Men's Day Golf



21  
Lunch 11:00-3:00pm



6:45 pm  
Activity Center

22  
Lunch 11:00-3:00pm

Mahjong 1:00pm

Tone n' Strengthen  
7:00am & 8:00am  
Strictly Stretching  
7:30am & 8:30am  
Water Aerobics  
9:15am & 2:00pm  
Beginners  
Tone n' Strengthen  
4:30pm  
Zumba 5:30pm

23  
Lunch 11:00-3:00pm  
*Dinner 5:00-7:30pm*

Ladies Day Golf  
Couples Bridge



Get Pumped  
8:00am  
Zumba  
9:00am  
Water Aerobics  
10:00am

24  
Lunch 11:00-3:00pm

*Men's Scramble*  
Ladies Bridge

Tone n' Strengthen  
8:00am & 2:00pm  
Strictly Stretching  
8:30am & 2:30pm  
Water Aerobics  
9:15 & 3:15pm  
Mat Workout  
4:30pm  
Zumba Class 5:30pm  
Dance Class 7:00pm

25  
Lunch 11:00-3:00pm

*Ladies Scramble*  
Game Day  
Pub Night

Mat Workout  
9:00am  
Water Aerobics  
10:00am



26  
Lunch 11:00-3:00pm

Movie Night  
7:00pm

Tone n' Strengthen  
7:00am & 8:00am  
Strictly Stretching  
7:30am & 8:30am  
Water Aerobics  
9:15am



27  
Lunch 11:00-3:00pm

Men's Day Golf



*Dinner and a Show  
With Magician  
Gary Goodman*

*Club  
Championship*

28  
Lunch 11:00-3:00pm



29  
Lunch 11:00-3:00pm

Mahjong 1:00pm

Tone n' Strengthen  
7:00am & 8:00am  
Strictly Stretching  
7:30am & 8:30am  
Water Aerobics  
9:15am & 2:00pm  
Beginners  
Tone n' Strengthen  
4:30pm  
Zumba 5:30pm



30  
Lunch 11:00-3:00pm  
*Dinner 5:00-7:30pm*

Ladies Day Golf  
Couples Bridge

Get Pumped  
8:00am  
Zumba  
9:00am  
Water Aerobics  
10:00am

31  
Lunch 11:00-3:00pm

Men's Day Golf  
Ladies Bridge

Tone n' Strengthen  
8:00am & 2:00pm  
Strictly Stretching  
8:30am & 2:30pm  
Water Aerobics  
9:15 & 3:15pm  
Mat Workout  
4:30pm  
Zumba Class 5:30pm  
Dance Class 7:00pm

**There are good ships, and there are wood ships, the ships  
that sail the sea. But the best ships are friendships,  
and may they always be.**

